What's inside:

ON THE TERRACE AT 5!

THE SUMMER GARDEN PARTY

A SPECIAL THANKS TO OUR GREENHOUSE VOLUNTEERS

and more!
A fter months of pouring over seed catalogs and perhaps some early indoor spring planting, volunteers were happy to welcome the growing season with the Friends of Fellows Riverside Gardens Annual Spring Plant Sale. Traditionally held on Mother’s Day weekend, our Plant Sale offered three days of a lavish selection of plants, great advice from our volunteers (many of whom are Master Gardeners), and inspiration to adventure out and try something new. It was energizing to watch early shoppers on ‘members’ only day’ loading up their carts, encouraged and assisted by our amazing volunteers. With the promise of summer around the corner, all we have to do is weed, water, and wait!

As the summer season unfolds, plans for a variety of activities to enjoy all aspects of the Gardens are underway. “On the Terrace at 5!” is returning June 19, 2019 with wine and music on terrace. Join us for a great summer evening overlooking one of the best views in the city! And what would summer in the Gardens be without our Summer Garden Party? Scheduled for July 26, 2019, this year’s Garden Party promises to be a great one, featuring a special theme, signature cocktail and dinner. Come and celebrate the beauty of Fellows Riverside Gardens that your contribution as a Friends member continues to support.

The beauty of the Gardens is yours to enjoy whether you choose to delight in the tranquility of the garden paths or dance under the stars at the Garden Party. Friends of Fellows Riverside Gardens welcomes you to join us as we celebrate the long awaited summer season!
Member Spotlight

Friends of Fellows Riverside Gardens wouldn’t be able to accomplish as much as it does without just that – FRIENDS!

We had an opportunity to sit down with one of our storied members and volunteers Dr. Barbara Brothers. The following is part of that conversation.

The Gardens are a special place for most people as it plays host to so many of life’s memory for Valley residents. “Mill Creek Park has been a part of the fabric of my life since I was born. Memories of visiting the Lily Pond, passing by the Rock Garden, stopping at the spring by Slippery Rock Pavilion to fill gallon jugs with drinking water on our way into the city to visit grandparents, having family outings at various picnic spots and later hiking the many trails throughout the Park was what made Youngstown so special to me,” Dr. Brothers said.

Mill Creek Metroparks touches many parts of our community and has aspects that someone from any age, any background or any place can appreciate. From golfing to hiking to exploration, Mill Creek has many unique sites, but none as unique and precious as that of Fellows Riverside. Dr. Brothers considered the founding of the Gardens unique and critical in the history of the park. “The founding of Fellows Riverside Garden added an important dimension to the Park experience—a botanical garden where perennials, annuals, shrubs and trees could be viewed in interesting garden designs,” she said. “It was now the spot in the park that each year when my parents returned to the area we were sure to spend an afternoon,” she added.

Dr. Brothers has invested both her time and treasure into the Gardens. She not only spent much time as a child with her family but also as an adult with her late husband Larry and their grandchildren. When speaking to the countless volunteers, Dr. Brothers offered, “Without the contributions of Volunteers, whether it be programming, maintaining or expanding the beds or even fundraising, volunteers are the back-bone of the gardens. Without them such gems would not exist. Friends of Fellows has been that lifeline of support for us.”

BACK BY POPULAR DEMAND!

On the Terrace at 5! returns for an evening in June, featuring beautiful views of Lake Glacier, a cash wine bar, and live music by Larry Elefante.

$10 - FFRG members
$15 - non members

Price includes two glasses of wine. Additional wine and food from Kravitz Garden Cafe will be available to purchase.

All ticket sales benefit Fellows Riverside Gardens.
The threat of spring showers over Mother's Day weekend was no impediment to people eager to see what this year's Spring Plant Sale had to offer their gardens, backyard decks and flower boxes. No driving rain ever materialized over the 3-day sale, but a steady stream of shoppers did. Once again (this was FFRG's 29th Spring sale) a tantalizing variety of plants greeted shoppers, including a new section of outdoor succulents. Plus, a new, bar-coded pricing system developed by volunteer Kathleen Krantz was successfully launched. An unbeatable combination of dedicated volunteers and staff, gorgeous plants, and shoppers pleased to support beautiful Fellows Riverside Gardens made for an outstanding weekend. Thanks to all!

Plant Sale Volunteers

**Committee Chair:** Deb Metzger

**Committee Members:**
- Marilyn Africa
- Pam Baytos
- Carol Knock
- Bill Mills
- Peggy Mills
- June Nolasco
- Monica Parkhurst
- Michelle Spernak
- Gordon Vujevic
- Stan Vuletich
- Janet Yaniglos

**Hospitality:**
- Patty Rush
- Beth Shuttrump

**All other volunteers:**
- JoAnne Shutrump
- Roberta Spaulding
- Carol Hart
- Michael Harvey
- Marianne Hilderhoff
- Pat Hobbs
- Glenda House
- Jan Hubbard
- Angie Iaconis
- Kathleen Krantz
- Scott Lanz
- Danielle Lenda
- Sallie Lepore
- Carol Martyn-Dow
- Debbie Masters
- Debbie Merhaut
- Clyde Morris
- Sharon Nelson
- Frank Nolasco
- Allan Parkhurst
- Nancy Phillipson
- Miko Pilipovich
- James Pirigyi
- Phyllis Rench
- Jeanne Reese
- Rebecca Rogers
- Carol Sacherman
- Cathy Schneider
- Tina Shorthouse
- Barb Sloan
- Kaye Smith
- Annie Stertzbach
- Denise Stewart
- Wendy Tigner
- Debbie Walker
- Jane Walsh
- Susan Wojtowicz
- Bernie Zets
FUNDRAISING

Plant Sale Volunteers

James Pirigyi
Phyllis Rench
Jeanne Reese
Rebecca Rogers
Carol Sacherman
Cathy Schneider
Tina Shorthouse
Barb Sloan
Kaye Smith
Annie Stertzbach
Denise Stewart
Wendy Tyger
Debbie Walker
Jane Walsh
Susan Wojtowicz
Bernie Zets
Volunteers of Steel

It all began with Stan Vuletich (“the dahlia guy”), a longtime volunteer at Fellows Riverside Gardens. In late winter he decided to help with the assembly of tables for the new greenhouse.

A shipment of galvanized steel planks, struts and bolts had been delivered to the Horticulture-Maintenance area at the northwest end of the Gardens. Assembly of the sixteen tables (roughly the size of ping-pong tables) required drilling holes through dozens of heavy galvanized pieces and bolting everything together to create frames, onto which tabletops of latticed steel could then be lowered and secured.

Stan studied the instruction booklet, brought his power drill, and made a small dent in a few hours’ time. Clyde Morris joined him for the second session, the two working as a team to hold planks and brace and drill. Bill Mills, Antonio Martins and Michelle Spernak stepped in for the third 4-hour session, and a few tables took shape. Deb Metzger and Janet Yaniglos pitched in with assembly of small parts. Word got out about the challenging assembly, and Michael Harvey, Tyler Clark and Alan Parkhurst joined in, and kept coming back.

Four drills at work, along with a lot of brawn and technical strategy talk, forged a determination and camaraderie among the guys that persisted across seven work sessions. By the end of Friday, March 8, the new greenhouse’s sixteen tables stood ready for trays of seedlings… just in time, too, because the 2010 greenhouse nearby was already full of young plants.

Meanwhile, planting of vegetables, dahlias, succulents and calla lilies, sunflowers and vines was underway by volunteers for the annual Friends’ Spring Plant Sale. And greenhouse space would soon be needed for the many seedlings that would become flowers and foliage in the Garden’s display beds, pots and hanging baskets.

Thanks to Stan and all the volunteers for their steadfast teamwork. It’s the kind of teamwork that makes both greenhouses and public gardens possible!

The new ‘high tunnel’ greenhouse, constructed in late 2018, was funded by a $25,000 donation from Friends of Fellows Riverside Gardens and by monies from Mill Creek MetroParks. The 2010 greenhouse was also built through Friends’ funding. Proceeds from past Spring Plant Sales made these Friends’ donations possible.
FUNDRAISING

The Summer Garden Party

Life is full of priceless moments – for over 56 years, Fellows Riverside Gardens has hosted our Valley’s special memories. For 31 of those 56 years, Friends of Fellows Riverside Gardens has been there to provide the support needed to ensure it is well cared for.

Mark your calendars for the 2019 Summer Garden Party, which will be held on Friday, July 26 at 6 p.m. This year’s theme of “An English Garden” will bring a taste of Europe to Youngstown. All funds raised from this year’s event allow education, programming and more that have now become traditions for thousands of families near and far.

For more information or to purchase tickets call 330.740.7116.
Cincinnati in Bloom

Friends of Fellows Riverside Gardens Travel Tours launched another year of exploring gardens with a 3-day trip in April to early-blooming Cincinnati. At both the historic, 700+ acre Spring Grove Cemetery and Arboretum and the Cincinnati Zoo & Botanical Garden, horticulture directors provided in-depth tours. There were stops at Krohn Conservatory and a community resource garden. We also sampled Cincinnati’s impressive revitalization efforts – the Freedom Museum; the beautifully designed public space along the riverfront called ‘The Banks’; Findlay Market; the quirky American Sign Museum. Everyone felt a new kinship with Cincinnati by the time our bus headed back to Youngstown.

Summer Travel

If you’re interested in a day trip, register now for our Wednesday, July 10 bus tour of Northeast Ohio Botanical Sanctuaries. We’ll be visiting Draime Estate Gardens, a secluded garden in Howland that has established a partnership with KSU. We’ll travel to Miriam’s River House Designs near Chagrin Falls, to explore its gardens and one-of-a-kind garden structures built into the river landscape. Lunch, a shopping stop at a popular garden shop, and dinner at the Blue Canyon Kitchen & Tavern will round out this summer day’s travel. The cost is $110 ($150 for non-members); pick up a brochure at Fellows Riverside Gardens’ Davis Center for more details, or call Elise at x210.

Much excitement is building for a 3-day Chicago trip scheduled for September 6-8 (Friday- Sunday).

Planning is still underway, but visits to the magnificent Chicago Botanic Garden and to the newer Lurie Garden within Chicago’s Millenium Park are on the itinerary. Downtown hotel accommodations will make exploration of the heart of the Windy City easier – we’re designing options so that you can choose from among Chicago’s museums, its Michigan Avenue shops, and signature sites such as Navy Pier. A Chicago River Architecture Cruise is in the plans also. Brochures will be available by July with travel details, pricing and registration forms.
Welcome New Board Members

Welcome to new Friends Board members Deborah Metzger and Karl Christopher Soller!

**Deborah Metzger** is retired from healthcare, having spent much of her career managing Forum Health’s network of laboratories, and the last 8 years as Director of Akron General Health System’s five labs. She’s a 2012 graduate of the FRG Master Gardener Program and was part of the committee that developed the Andrews Horticulture Certificate Program in 2016. She has chaired the Friends Annual Spring Plant Sale for the past three years.

**Chris Soller** is recently retired from the National Park Service, with 41 years’ experience across the U.S. Department of Interior, the last ten years at Fire Island National Seashore. His experience in partnerships, program development and fundraising will be a great asset to Friends. Chris looks forward to a more active community volunteer role in his hometown.

And a big thank you to four Board members who recently completed their Board terms—**Glenda House, Deanna Marchionda, John Slanina** and **Janet Yaniglos**. Their combined 24 years of Board commitment involved many volunteer hours! We appreciate their time, expertise, and financial support.

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Donations to the Gardens

In memory of Lavern V. Gomez:

Keith Redding
Alyson Chepla
Mary Catherine Lariccia
Susan & Gary Brahler
Aloise Wertz
Mary Lou Eicher
Frank & Ellen Sherwood

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**The Indestructible Houseplant**

9/19 | 6:30 - 7:30 pm

Deep down inside you’ve always yearned to grow houseplants, right? Who doesn’t want to bask in the calming beauty of something green cohabitating in your home? If only you had a green thumb…

In this illustrated lecture, Tovah Martin urges you to give peace lilies a chance. With the new generation of unkillable houseplants, cohabitating with plants doesn’t have to be high maintenance. Select one of these readily available ironclad plants, and your home is going to be a walk in the park without any stress, mess, or bother. Even if you have less-than-ideal conditions, this lecture provides recommendations for dozens of tough cookies that can survive and thrive despite challenging situations. And there is nothing ho-hum about these houseplants. You will see trendy new versions of beloved workhorses such as sansevierias, nerve plants, Chinese evergreens, begonias, spider plants, ferns, and all your favorites. Plus, creative ideas for fun, funky containers to put pizzazz into your windowsill will be presented. We’ll talk about matching the right plant with your situation and personality; we’ll discuss potting, watering, fertilizer, maintenance, and all your indoor issues. And we’ll tackle mixing and matching indestructibles with a demonstration on how to make it happen. Never kill another houseplant!

Everything from rural locations to picturesque views to detailed compositions are all exquisitely captured and presented on canvas in a way that immediately invites you in. Meet the artist: 6/8 | 1 – 3 pm

Garden Forum Flower Show
6/15 & 6/16 | 10 am - 5 pm
A summer garden flower show presented by Garden Forum of Greater Youngstown.

Through the Lens
Weller Gallery
8/17 – 10/13
Experience Bill Aubushon’s collection of people, places and wildlife photographs taken various locations around the world. The wildlife images were shot mostly in Florida. In most cases, the digital images receive little or no post processing. Bill tries to present actual images as they appeared at the moment of exposure. When he comes upon a scene that interest him, he visualizes the final image and then transfers that information to the camera via shutters speed, lens opening, ISO and composition to arrive at the images presented in this exhibit.
Meet the Artist: Sunday, 9/8/19 1 - 3 pm

Men’s Garden Club of Youngstown Horticulture Show
8/24 & 8/25 | 10 am - 5 pm
Admire summer’s bounty of flowers and vegetables at this show from Men’s Garden Club of Youngstown. Call Fellows Riverside Gardens for details.

Water Marbling on Silk Scarves
8/6 | 6:30 - 8 pm
Join Peace, Love and Silk to create a beautiful, one-of-a-kind 6 foot silk scarf. Learn the process from Peggy and Mike Humes. Practice on a bandanna that will be gifted to a local treatment center. And then craft your own wearable work of art. Register/pay by 8/3. $44 R; $50 NR

Acrylic Pour Painting
6/4 | 6 - 8 pm
Adults & ages 14+ with paid adult. Lynn Cardwell will demonstrate how to pour paint onto canvas for students to create their own nature inspired masterpiece. The painting will dry, be clear coated and ready for pick up in one week. Register/pay by 6/2. $28 R; $30 NR

Succulent Dish
6/11 | 6:30 - 8:30 pm
Adults & ages 12+ with paid adult. Judy Stanislaw will walk you through the process of design principles and plant placement to create a beautiful succulent dish garden of your very own. Register/pay by 6/9. $28, $26 FFRG

Fall Wreath
8/24 | 10 - 11:30 AM
Celebrate the change of seasons by crafting a warm and autumn-filled wreath with Judy Stanislaw. Register/pay by 8/22. $24 R; $26 NR

Yoga in the Gardens
6/5, 6/6, 6/11, 6/13, 6/18, 6/20, 6/25, 6/27 | 9:30 – 11 am
7/2, 7/9, 7/11, 7/16, 7/18, 7/23, 7/25, 7/30 | 9:30 – 11 am
8/1, 8/6, 8/8, 8/13, 8/15, 8/20, 8/22, 8/27, 8/29 | 9:30 – 11 am
Join Marina Perdos for a blend of energizing yoga styles that will help you keep a healthy outlook. All levels are welcome. Bring a mat and small blanket. Call Fellows Riverside Gardens for details.
Drop-in. $12/class

T’ai Chi Step One in the Gardens
6/5, 6/6, 6/12, 6/19, 6/26 | Noon – 1 pm
7/3, 7/10, 7/17, 7/24, 7/31 | Noon – 1 pm
8/7, 8/14, 8/21, 8/28 | Noon – 1 pm
Ease stress, improve health, and increase vitality. Join Marie Lew in warm-ups, breathing exercises and selected movements from a classic Chen T’ai Chi form. Call Fellows Riverside Gardens for details.
Drop-in. $10/class

Yoga Basics Course
6/23 - 8/11 | Sundays, 8 - 9 am or 6/25 - 8/13 | Tuesdays, 6 - 7 pm
Learn the basics of Yoga in a safe way with Karres Cvetkovich. Benefit from an experienced teacher and a welcoming environment. Focus on the fundamentals: ease of movement, being more limber, standing strong on your own two feet, and breathing well for positivity and alertness. Bring a mat and blanket, pillow if desired. Choose either Sunday mornings or Tuesday evenings for this eight-week course. Participants need to pre-register; no drop-ins. $80; 10% discount ($72) if registered by 6/18. Call Fellows Riverside Gardens for details or to register.
Fragrant Fridays: A Year of Prevention
7/12, 9/27 | 10 - 11:30 am
Join Marina Perdos to look through the lens of Ayurveda: A Seasonal Formulary. Learn how to integrate Ayurvedic philosophy to balance yourself during the changing seasons of Pitta (Summer) and Vata (Fall/Winter). You will learn how to recognize and understand your own unique make-up. You will understand how to correct any imbalance in your body, mind, and spirit during each season. And you will learn specific therapies and lifestyle practices using the five senses (touch, taste, smell, hearing, and sight). Each of the classes will be packed with formularies and specific guidelines to keep you happy, balanced and well! Bring a writing utensil and paper/journal. Register/pay one week prior to each class date. $26 R; $28 NR per class.
Pitta Season - July 12, 2019
Vata Season - September 27, 2019

The Nature-Human Connection
7/13 | 10 - 11:30 am
Do you ever feel good after a walk through the park? Calm while hiking in the forest? A sense of delight working in the garden? If the answer is yes, join in to learn about some of the current medical and scientific research to receive proof for your answer. Learn about the history of horticultural therapy, how it started in classical times, and how it has had a resurgence in the modern world. Join OSU Master Gardener Volunteer, Lil Quaranta and take a “walk” in the woods. Register/pay by 7/11. $16

Deepening the Yoga Experience: Taking Yoga Back to its Roots
8/7 | 6:15 - 8:30 pm
Learn from a teacher who lived and imbibed yoga in India for many years! Swami Muktiobodhananda Saraswati is world renowned for her translation and commentary on the fundamental yoga text: Hatha Yoga Pradipika (Light on Hatha Yoga). The full range of modern yoga styles derive from this source. This year she returns to share with us a selection of techniques and advanced breathing practices, straight from this source text. She masterfully adapts ancient methods into modern relevance as daily life skills. Bring a mat and a small blanket. Chair seating available. Register/pay by 8/6. $42

Yoga Basics Courses
8/18 - 10/13 | Sundays, 9 - 10 am or
8/20 - 10/15 | Tuesdays, 6 - 7 pm
Learn the basics of Yoga in a safe way with Karres Cvetkovich. Benefit from an experienced teacher and a welcoming environment. Focus on the fundamentals: ease of movement, being more limber, standing strong on your own two feet, and breathing well for positivity and alertness. Bring a mat and blanket, pillow if desired. Choose either Sunday mornings or Tuesday evenings for this nine-week course. Participants need to pre-register; no drop-ins. $90; 10% discount ($81) if registered by 8/13. Call Fellows Riverside Gardens for more details or to register.

HORTICULTURE

Guided Herb Walk
6/1 | 11 am – Noon
Join Education Manager Mandy Smith in a walk around the gardens to learn about some of the herbs that grow here and their benefits. Meet in the Davis Center Lobby. Drop-in.

Botanical Mornings
6/28, 7/26, or 8/23 | 9 - 10 am
Discover the progress of seasons here at Fellows Riverside Gardens with Educator Lynn Zocolo. Then, enjoy a complimentary cup of coffee or tea in Kravitz’s Garden Café. Register/pay two days in advance. $5

Men’s Garden Club Talk
7/3 | 7 - 8 pm
The Men’s Garden Club of Youngstown invites you to attend their general meeting which includes topics by local and regional speakers on horticulture and nature. Call Fellows Riverside Gardens for details. Drop-in. Free.

Herbal Harvest
8/27 | 6:30 - 8:30 pm
Join Pam Baytos in this lecture to learn how to harvest your herb crop. Then, explore different ways to use your herbs once you have collected them from your garden. Register/pay by 8/25. $13 R; $15 NR

KIDS & FAMILIES

Family Fun Fridays
6/7, 6/21, 7/12, 7/26, 8/9, 8/23 | 11 am - 1 pm
Take part in fun drop-in activities in the Family Garden, where families can learn and explore together. Special guests visit different days with activities like yoga, the pop-up library, crafts, storytelling, and more. Drop-in. Free.

Tales for Tots: Ladybug, Ladybug
8/16 | 10 - 11 am
Ages 2-3, plus adult. What’s small and red and has black spots? Ladybugs, of course! Join the fun as we learn about and search for these colorful beetles. Register/pay at Fellows Riverside Gardens, by 8/14. $4 R; $6 NR

SUMMER DISCOVERY CAMPS

Trekkers: “Herbology & Potions” 6/24 - 6/28 | 9 am - 4 pm
Ages 10-12. Park your brooms at the door and line-up for a week filled with magic and mischief at Mill Creek MetroParks. Inspired by Harry Potter, campers will develop skills with botany in Herbology class and chemistry in Potions class. Get your hands dirty learning everything about plants: identification, the benefits of, and how to communicate with them. Wizard activities include wand-making, herbal concoctions, making butterbeer, and garden explorations. Register/pay by 6/18. $126 R; $140 NR

TROLLEY TOURS

Picnic in the Park
6/15 | 11 am - 2 pm
All aboard the Cohasset Express! Enjoy the sights and sounds of the season with Educator Lynn Zocolo as we travel through Mill Creek Park stopping for a picnic lunch along the way. Register/pay at Fellows Riverside Gardens by 6/8. Adults: $21 R; $23 NR. Ages 12 & under / 60+: $19 R; $22 NR.

Special events
Lunch options:
Corned Beef Sandwich on rye
Turkey & Swiss on hearth baked wheat
Hummus, roasted red peppers, lettuce, tomato on pita
Cranberry-walnut chicken salad on hearth baked Italian
Each lunch includes:
Bag of chips, house baked cookie, piece of fruit & soda or bottled water

SPECIAL EVENTS

On the Terrace at 5!
6/19 | 5 - 7:30 PM
Back by popular demand! On the Terrace at 5! returns for an evening in June, featuring beautiful views of Lake Glacier, a cash wine bar, and live music by Larry Elefante. Price includes two glasses of wine. Additional wine and food from Kravitz Garden Cafe will be available to purchase. All ticket sales benefit Fellows Riverside Gardens. $10 FFRG members; $15 non members

LECTURES

Naturalist Series: Growing Caterpillars: A Tale of Birds, Plants, and Conservation
9/11 | 6:30 - 7:30 pm
There are perhaps 3,000 species of moths in Ohio, and approximately 140 butterfly species. The conspicuous and often showy winged adults are but the short-lived finale of a four stage life cycle: egg, pupa, caterpillar, and adult. It’s caterpillars that make much of the natural world go around, and countless billions become food for other organisms. Without vegetation-eating caterpillars and the native plants that they require, most songbirds would go extinct, botanical diversity would plummet, and our forests would fall silent. Join Jim McCormac botanist, nature photographer and author to learn about these tiny, but mighty creatures. Registration requested, not required. Call Fellows Riverside Gardens for more details.

The Naturalist Series is a collaboration between the OSU Extension - Mahoning County Ohio Certified Volunteer Naturalist program and Mill Creek MetroParks. The next program will be 11/6 at the MetroParks Farm.
Mill Creek MetroParks - Fellows Riverside Gardens
Free and open daily, dawn until dusk

D.D. and Velma Davis Education & Visitor Center
Information Desk 330.740.7116
Tuesday - Sunday, 10 am - 5 pm
Closed: Mondays
Closed: Thanksgiving, Christmas & New Year's Day

Shop in the Gardens
Tuesday - Saturday, 10 am - 5 pm
Sunday - Noon - 5 pm

Garden Café
Tuesday - Sunday, 10 am - 4 pm

General inquiries about Fellows Riverside Gardens
email: info@friendsoffellows.org
Visit: FriendsOfFellows.org
millcreekmetroparks.org

THE SUMMER GARDEN PARTY
Friday, July 26, 2019
more information to come